

# BIBLE LAB

## THE BIBLE FUNNEL

Write the  
Scripture

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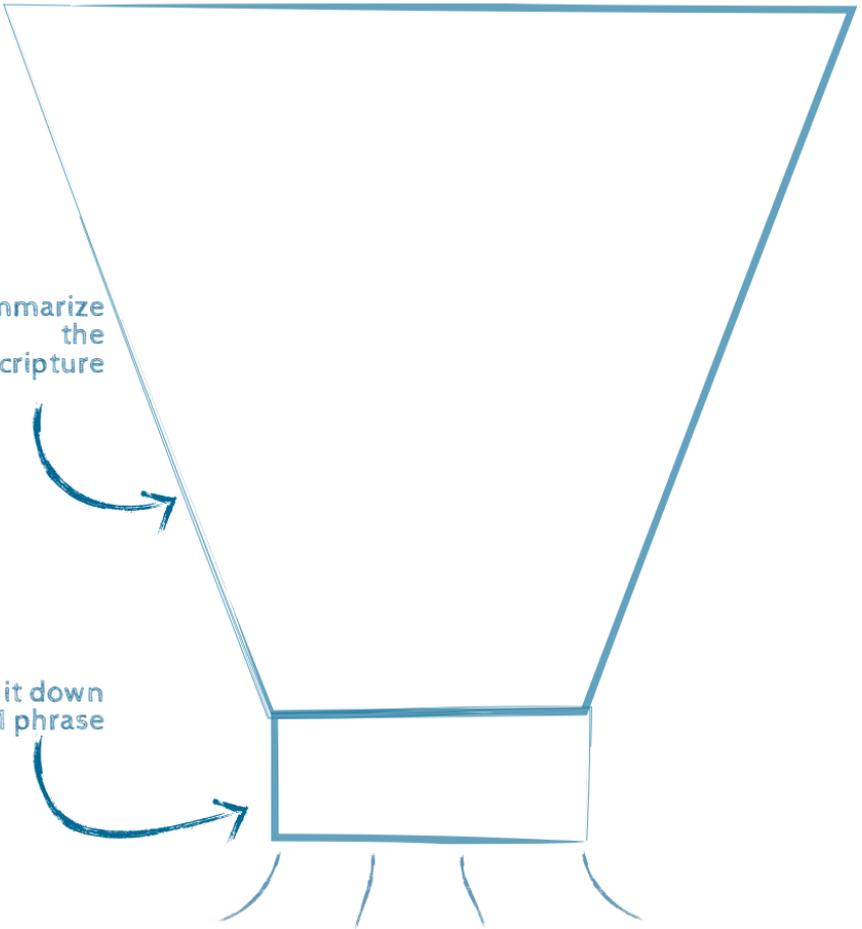
Summarize  
the  
Scripture



Boil it down  
to 1 phrase



Create an  
Action Step  
& Prayer



# BIBLE LAB

## LECTIO DIVINA

Latin for "Divine Reading" an ancient way of praying Scripture and meditating on God's Word

### STEP 1: PREPARE

Take a moment to pause and prepare to read God's Word. Pray that He will focus your attention and speak through the Living Word.

### STEP 2: READ

Slowly read the Scripture (a passage from the Psalms or the Gospels is a great place to start). Pause. Reread the passage several times, listening for any word or phrase that stands out.

### STEP 3: MEDITATE

Focus on that word or phrase that God seems to be highlighting for you. Repeat it slowly. Consider what it means and reflect on what God might be wanting to say.

### STEP 4: PRAY

Turn this Scripture, especially this word or phrase, into a prayer. Talk to God about what this truth is raising for you: you might be moved to worship and thank God, or to pray for an issue in your life, or for someone else. Pray God's Word.

### STEP 5: REST

Conclude by simply resting in God's presence. Just enjoy being with Him. Be open to hearing more from Him if He wants to lay something on your heart, or just be aware of His nearness and the goodness of His Word.